

Recommended Daily!!!!

Wound Wash Saline Spray

Use a bottled sterile saline spray with no additives (*read the label to be sure*). Spray the piercing directly on both sides without touching the piercing, and then spray a q-tip and gently swipe around the piercing. Do not rub. Repeat 3-4 times daily for the entire healing (3-6+ months)

Wound Wash is drug free and preservative free. It is in a bottle that remains sterile until empty. Its only ingredient is saline (USP Grade Water, USP Sodium Chloride). It is the safest and most effective way to heal a body piercing. You can find it at most pharmacies by the wound care. 😊

Rinse Daily- •RINSE thoroughly for 30 seconds in shower to remove all traces of the matter that may be ready to come off of the piercing. It is not necessary to rotate the jewelry through the piercing. • DRY by gently patting with clean, disposable paper products. Cloth towels can harbor bacteria and snag on jewelry, causing injury.

DOWNGRADE- Sometimes the jewelry we use in a fresh piercing ends up being too long. If the initial swelling has gone down and the jewelry is rubbing back and forth, moving, and /or snagging please be sure to downgrade the jewelry size. When you buy the new piece we will help you change it for free. Keeping a piece in that is too long can cause tissue irritation and damage making it hard to heal.

Be Careful: Snagging, Bumping, Rubbing, Pulling, Catching will cause TRAUMA to the piercing and slow your healing.

NO Touching or playing with or rotating

NO Sleeping on it- Seriously!

NO Swimming or Hot tubs

NO Makeup, Lotion, or Hair Products

NO Tea Tree Oil- NO Sea Salt- NO Harsh Soap- NO Alcohol- NO peroxide- NO Ear Care Solution

NO Changing the Jewelry for _____

NO LOW QUALITY JEWELRY- EVER!

Piercings can take 6 months to 1 year or more to fully heal. Be patient. Swelling, redness, and discharge may occur during the healing. Signs of healing and irritation are often mistaken for infection. We have aided in the healing of a gazillion piercings just like yours. If you have questions please come see us right away. If symptoms are severe seek medical attention. *See a healthcare professional upon indication of infection of the skin or tissue

We are here to help you achieve a happy, healthy, and healed piercing!